



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASIUM Schedule

April 2019

Main Gymnasium Schedule begins Friday, April 1, 2019 and is subject to change.

Monday	5:00-8:00 am Open Gym (East & West Court)	8:00-10:00 am Open Gym (East & West Court)	10:00 am-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Open Gym (East & West Court)	6:00-7:00 pm Open Gym (East Court) Open Gym (West Court)	7:00-8:00 pm Open Gym (East & West Court)	8:00-9:00 pm Open Gym (East & West Court)
Tuesday	5:00-9:00 am Open Gym (East & West Court)	9:00-11:00 am Wellness Walk (East & West Court) 9:00-11:30 am Pickleball (East & West Court)	11:00 am-12:00 pm Open Gym (East & West Court)	12:15-5:30 pm Open Gym (East & West Court)	5:30-6:30 pm Jr Cavs Practice (East Court) Open Gym (West Court)	6:30-8:00pm Jr Cavs Practice (East Court) 6:15-8:00 pm Americettes (West Court)	8:00-9:00 pm Open Gym (East & West Court)
Wednesday	5:00-9:00 am Open Gym (East & West Court)	9:00-11:30 Pickleball (East & West Court)	11:00 am-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Open Gym (East & West Court)	6:00-7:00 pm Jr Cavs Practice (East & West Court)	7:00-8:00 pm Open Gym (East & West Court)	8:00-9:00 pm Open Gym (East & West Court)
Thursday	5:00-9:00 am Open Gym (East & West Court)	9:00-11:00 am Wellness Walk (East & West Court)	11:00 am-1:00 pm Open Gym (East & West Court)	1:00-3:00 pm Open Gym (East & West Court)	3:00-6:00 pm Open Gym (East & West Court)	6:00-7:00 pm Open Gym (East & West Court)	7:00-9:00 pm Open Gym (East & West Court)
Friday	5:00-9:00 am Open Gym (East & West Court)	9:00-11:30 Pickleball (East & West Court)	11:00 am-12:00 pm Open Gym (East & West Court)	12:00-4:00 pm Open Gym (East & West Court)	4:00-6:00 pm Open Gym (East & West Court)	6:00-8:00 pm Open Gym (East Court)	8:00-9:00 pm Open Gym (East & West Court)
Saturday	7:00-10:00 am Open Gym (East & West Court)	10:00 am-1:00 pm Open Gym (East & West Court)	1:00-5:00 pm Open Gym (East & West Court)		<div style="border: 2px solid blue; border-radius: 50%; padding: 20px; text-align: center; background-color: #0056b3; color: white;"> Men's Basketball League games will end March 24th </div>		
Sunday	1:00-5:00 pm Open Gym (East Court) Men's League Games (West Court)		<div style="border: 2px solid blue; border-radius: 50%; padding: 20px; text-align: center; background-color: #0056b3; color: white;"> Jr Cavs Youth Basketball Games 9-11 am on Saturdays </div>				

YMCA Building Hours: Mon-Fri: 5am-9pm Sat: 7am-5pm Sun. 1-5pm



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GYMNASIUM Schedule

May 2019

Main Gymnasium Schedule begins Wednesday May 1, 2019 and is subject to change.

Monday	5:00-8:00 am Open Gym (East & West Court)	8:00-10:00 am Open Gym (East & West Court)	10:00 am-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Open Gym (East & West Court)	6:00-7:00 pm Open Gym (East Court) Open Gym (West Court)	7:00-8:00 pm Open Gym (East & West Court)	8:00-9:00 pm Open Gym (East & West Court)
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