



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASIUM Schedule

March 2018

Main Gymnasium Schedule begins Thursday, March 1, 2018 and is subject to change.

Monday	5:00-11:00 am Open Gym (East & West Court)	11:00 am-12:00 pm Open Gym (East & West Court)	12:00-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Open Gym (East & West Court)	6:00-7:00 pm Jr Cavs Practice (East Court) Open Gym (West Court)	7:00-8:00 pm Open Gym (East & West Court)	8:00-9:00 pm Open Gym (East & West Court)	
Tuesday	5:00-9:00 am Open Gym (East & West Court)	9:00-11:00 am Wellness Walk (East & West Court) 9:30-11:30 am Pickleball (East & West Court)	11:00 am-12:00 pm Open Gym (East & West Court)	12:15-6:00 pm Open Gym (East & West Court)	6:00-7:00 pm Jr Cavs Practice (East Court) Americettes (West Court)	7:00-8:00 pm Open Gym (East Court) Americettes (West Court)	8:00-9:00 pm Open Gym (East & West Court)	
Wednesday	5:00-9:00 am Open Gym (East & West Court)	9:00-11:00 am Open Gym (East & West Court) 9:30-11:30 Pickleball (East & West Court)	11:00 am-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Open Gym (East & West Court)	6:00-7:00 pm Jr Cavs Practice (East Court) Baseball Clinic (West Court)	7:00-8:00 pm Open Gym (East Court) Baseball Clinic (West Court)	8:00-9:00 pm Open Gym (East & West Court)	
Thursday	5:00-9:00 am Open Gym (East & West Court)	9:00-11:00 am Wellness Walk (East & West Court)	11:00 am-12:00 pm Open Gym (East & West Court)	12:00-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Open Gym (East & West Court)	6:00-7:00 pm Jr Cavs Practice (East & West Court)	7:00-9:00 pm Open Gym (East & West Court)	
Friday	5:00-9:00 am Open Gym (East & West Court)	9:00-11:00 am Open Gym (East & West Court) 9:30-11:30 Pickleball (East & West Court)	11:00 am-12:00 pm Open Gym (East & West Court)	12:00-4:00 pm Open Gym (East & West Court)	4:00-6:00 pm Open Gym (East & West Court)	6:00-8:00 pm Open Gym (East Court)	8:00-9:00 pm Open Gym (East & West Court)	
Saturday	7:00-10:00 am Open Gym (East & West Court)	10:00 am-1:00 pm Jr Cavs Games (East & West Court)	1:00-5:00 pm Open Gym (East & West Court)	HALF GYMNASIUM CLOSED: February 17, 2018 @ 9am				
Sunday	1:00-5:00 pm Open Gym (East Court) Men's League (West Court)	Jr. Cavs Basketball games beginning February 24, 2018						

YMCA Building Hours: Mon-Fri: 5am-9pm Sat: 7am-5pm Sun. 1-5pm



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GYMNASIUM Schedule

April 2018

Main Gymnasium Schedule begins Thursday, April 1, 2018 and is subject to change.

Monday	5:00-11:00 am Open Gym (East & West Court)	11:00 am-12:00 pm Open Gym (East & West Court)	12:00-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Open Gym (East & West Court)	6:00-7:00 pm Open Gym (East Court) Open Gym (West Court)	7:00-8:00 pm Open Gym (East & West Court)	8:00-9:00 pm Open Gym (East & West Court)
Tuesday	5:00-9:00 am Open Gym (East & West Court)	9:00-11:00 am Wellness Walk (East & West Court) 9:30-11:30 am Pickleball (East & West Court)	11:00 am-12:00 pm Open Gym (East & West Court)	12:15-6:00 pm Open Gym (East & West Court)	6:00-7:00 pm Open Gym (East Court) Americettes (West Court)	7:00-8:00 pm Open Gym (East Court) Americettes (West Court)	8:00-9:00 pm Open Gym (East & West Court)
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Thursday	5:00-9:00 am Open Gym (East & West Court)	9:00-11:00 am Wellness Walk (East & West Court)	11:00 am-12:00 pm Open Gym (East & West Court)	12:00-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Open Gym (East & West Court)	6:00-7:00 pm Open Gym (East & West Court)	7:00-9:00 pm Open Gym (East & West Court)
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Saturday	7:00-10:00 am Open Gym (East & West Court)	10:00 am-1:00 pm Open Gym (East & West Court)	1:00-5:00 pm Open Gym (East & West Court)				
Sunday	1:00-5:00 pm Open Gym (East & West Court)						

YMCA Building Hours: Mon-Fri: 5am-9pm Sat: 7am-5pm Sun. 1-5pm