



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASIUM Schedule

November 2018

Main Gymnasium Schedule begins Thursday, November , 2018 and is subject to change.

Monday	5:00–8:00 am Open Gym (East & West Court)	8:00–10:00 am Pickleball (East & West Court)	10:00 am–5:00 pm Open Gym (East & West Court)	5:00–6:30 pm Open Gym (East & West Court)	6:30–7:30 pm Jr Cavs Practice (East Court) Open Gym (West Court)	7:00–8:00 pm Open Gym (East & West Court)	8:00–9:00 pm Open Gym (East & West Court)
Tuesday	5:00–9:00 am Open Gym (East & West Court)	9:00–11:00 am Wellness Walk (East & West Court) 9:30–11:30 am Pickleball (East & West Court)	11:00 am–12:00 pm Open Gym (East & West Court)	12:15–5:30 pm Open Gym (East & West Court)	5:30–6:30 pm Jr Cavs Practice (East Court) Americettes (West Court)	6:30–7:30pm Jr Cavs Practice (East Court) Americettes (West Court)	8:00–9:00 pm Open Gym (East & West Court)
Wednesday	5:00–9:00 am Open Gym (East & West Court)	9:30–11:30 Pickleball (East & West Court)	11:00 am–5:00 pm Open Gym (East & West Court)	5:00–6:00 pm Open Gym (East & West Court)	6:00–7:00 pm Jr Cavs Practice (East & West Court)	7:00–8:00 pm Open Gym (East & West Court)	8:00–9:00 pm Open Gym (East & West Court)
Thursday	5:00–9:00 am Open Gym (East & West Court)	9:00–11:00 am Wellness Walk (East & West Court)	11:00 am–1:00 pm Open Gym (East & West Court)	1:00–3:00 pm Open Gym (East & West Court)	3:00–6:00 pm Open Gym (East & West Court)	6:00–7:30 pm Jr Cavs Practice (East Court) Open Gym (West Court)	7:00–9:00 pm Open Gym (East & West Court)
Friday	5:00–9:00 am Open Gym (East & West Court)	9:30–11:30 Pickleball (East & West Court)	11:00 am–12:00 pm Open Gym (East & West Court)	12:00–4:00 pm Open Gym (East & West Court)	4:00–6:00 pm Open Gym (East & West Court)	6:00–8:00 pm Open Gym (East Court)	8:00–9:00 pm Open Gym (East & West Court)
Saturday	7:00–10:00 am Open Gym (East & West Court)	10:00 am–1:00 pm Open Gym (East & West Court)	1:00–5:00 pm Open Gym (East & West Court)		Jr Cavs Youth Basketball practices begin the week of October 15th & games begin November 3rd		
Sunday	1:00–5:00 pm Open Gym (East & West Court)						

YMCA Building Hours: Mon–Fri: 5am–9pm Sat: 7am–5pm Sun. 1–5pm



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GYMNASIUM Schedule

December 2018

Main Gymnasium Schedule begins Saturday, December 1, 2018 and is subject to change.

Monday	5:00–8:00 am Open Gym (East & West Court)	8:00–10:00 am Pickleball (East & West Court)	10:00 am–5:00 pm Open Gym (East & West Court)	5:00–6:00 pm Open Gym (East & West Court)	6:00–7:00 pm Open Gym (East Court) Open Gym (West Court)	7:00–8:00 pm Open Gym (East & West Court)	8:00–9:00 pm Open Gym (East & West Court)	
Tuesday	5:00–9:00 am Open Gym (East & West Court)	9:00–11:00 am Wellness Walk (East & West Court) 9:30–11:30 am Pickleball (East & West Court)	11:00 am–12:00 pm Open Gym (East & West Court)	12:15–5:30 pm Open Gym (East & West Court)	5:30–6:30 pm Jr Cavs Practice (East Court) Americettes (West Court)	6:30–7:30pm Jr Cavs Practice (East Court) Americettes (West Court)	8:00–9:00 pm Open Gym (East & West Court)	
Wednesday	5:00–9:00 am Open Gym (East & West Court)	9:30–11:30 Pickleball (East & West Court)	11:00 am–5:00 pm Open Gym (East & West Court)	5:00–6:00 pm Open Gym (East & West Court)	6:00–7:00 pm Jr Cavs Practice (East & West Court)	7:00–8:00 pm Jr Cavs Practice (East Court) Open Gym (West Court)	8:00–9:00 pm Open Gym (East & West Court)	
Thursday	5:00–9:00 am Open Gym (East & West Court)	9:00–11:00 am Wellness Walk (East & West Court)	11:00 am–1:00 pm Open Gym (East & West Court)	1:00–3:00 pm Open Gym (East & West Court)	3:00–6:00 pm Open Gym (East & West Court)	6:00–7:00 pm Open Gym (East & West Court)	7:00–9:00 pm Open Gym (East & West Court)	
Friday	5:00–9:00 am Open Gym (East & West Court)	9:30–11:30 Pickleball (East & West Court)	11:00 am–12:00 pm Open Gym (East & West Court)	12:00–4:00 pm Open Gym (East & West Court)	4:00–6:00 pm Open Gym (East & West Court)	6:00–8:00 pm Open Gym (East Court)	8:00–9:00 pm Open Gym (East & West Court)	
Saturday	7:00–10:00 am Open Gym (East & West Court)	10:00 am–1:00 pm Open Gym (East & West Court)	1:00–5:00 pm Open Gym (East & West Court)	<div style="text-align: center;"> <p>Jr Cavs Youth Basketball Games on Saturday mornings at 9am & 1:15 pm.</p> </div>				
Sunday	1:00–5:00 pm Open Gym (East & West Court)	<div style="text-align: center;"> <p>Gymnasium will be CLOSED during any swim meets</p> </div>						

YMCA Building Hours: Mon–Fri: 5am–9pm Sat: 7am–5pm Sun. 1–5pm