



**FOR YOUTH DEVELOPMENT®**  
**FOR HEALTHY LIVING**  
**FOR SOCIAL RESPONSIBILITY**

# GYMNASIUM Schedule

## December 2018

Main Gymnasium Schedule begins Saturday, December 1, 2018 and is subject to change.

<b>Monday</b>	5:00–8:00 am <b>Open Gym</b> (East & West Court)	8:00–10:00 am <b>Pickleball</b> (East & West Court)	10:00 am–5:00 pm <b>Open Gym</b> (East & West Court)	5:00–6:30 pm <b>Open Gym</b> (East & West Court)	6:30–7:30 pm <b>Jr Cavs Practice</b> (East Court)  <b>Open Gym</b> (West Court)	7:30–8:00 pm <b>Open Gym</b> (East & West Court)	8:00–9:00 pm <b>Open Gym</b> (East & West Court)
<b>Tuesday</b>	5:00–9:00 am <b>Open Gym</b> (East & West Court)	9:00–11:00 am <b>Wellness Walk</b> (East & West Court)  9:30–11:30 am <b>Pickleball</b> (East & West Court)	11:00 am–12:00 pm <b>Open Gym</b> (East & West Court)	12:15–5:30 pm <b>Open Gym</b> (East & West Court)	5:30–6:30 pm <b>Jr Cavs Practice</b> (East Court)  5:30–6:15 pm <b>Open Gym</b> (West Court)	6:30–7:30 pm <b>Jr Cavs Practice</b> (East Court)  6:15–8:00 pm Americettes (West Court)	8:00–9:00 pm <b>Open Gym</b> (East & West Court)
<b>Wednesday</b>	5:00–9:00 am <b>Open Gym</b> (East & West Court)	9:30–11:30 <b>Pickleball</b> (East & West Court)	11:00 am–5:00 pm <b>Open Gym</b> (East & West Court)	5:00–6:00 pm <b>Open Gym</b> (East & West Court)	6:00–7:00 pm <b>Jr Cavs Practice</b> (East & West Court)	7:00–8:00 pm <b>Open Gym</b> (East & West Court)	8:00–9:00 pm <b>Open Gym</b> (East & West Court)
<b>Thursday</b>	5:00–9:00 am <b>Open Gym</b> (East & West Court)	9:00–11:00 am <b>Wellness Walk</b> (East & West Court)	11:00 am–1:00 pm <b>Open Gym</b> (East & West Court)	1:00–3:00 pm <b>Open Gym</b> (East & West Court)	3:00–6:00 pm <b>Open Gym</b> (East & West Court)	6:00–7:00 pm <b>Open Gym</b> (East & West Court)	7:00–9:00 pm <b>Open Gym</b> (East & West Court)
<b>Friday</b>	5:00–9:00 am <b>Open Gym</b> (East & West Court)	9:30–11:30 <b>Pickleball</b> (East & West Court)	11:00 am–12:00 pm <b>Open Gym</b> (East & West Court)	12:00–4:00 pm <b>Open Gym</b> (East & West Court)	4:00–6:00 pm <b>Open Gym</b> (East & West Court)	6:00–7:30 pm <b>Jr Cavs Practice</b> (East Court)  <b>Open Gym</b> (West Court)	7:30–9:00 pm <b>Open Gym</b> (East & West Court)
<b>Saturday</b>	7:00–10:00 am <b>Open Gym</b> (East & West Court)	10:00 am–1:00 pm <b>Open Gym</b> (East & West Court)	1:00–5:00 pm <b>Open Gym</b> (East & West Court)				
<b>Sunday</b>	1:00–5:00 pm <b>Open Gym</b> (East & West Court)						

YMCA Building Hours: Mon–Fri: 5am–9pm

Sat: 7am–5pm

Sun. 1–5pm



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# GYMNASIUM Schedule

## January 2019

Main Gymnasium Schedule begins Tuesday, January 1, 2019 and is subject to change.

<b>Monday</b>	5:00–8:00 am <b>Open Gym</b> (East & West Court)	8:00–10:00 am <b>Pickleball</b> (East & West Court)	10:00 am–5:00 pm <b>Open Gym</b> (East & West Court)	5:00–6:00 pm <b>Open Gym</b> (East & West Court)	6:00–7:00 pm <b>Open Gym</b> (East Court)  <b>Open Gym</b> (West Court)	7:00–8:00 pm <b>Open Gym</b> (East & West Court)	8:00–9:00 pm <b>Open Gym</b> (East & West Court)
<b>Tuesday</b>	5:00–9:00 am <b>Open Gym</b> (East & West Court)	9:00–11:00 am <b>Wellness Walk</b> (East & West Court)  9:30–11:30 am <b>Pickleball</b> (East & West Court)	11:00 am–12:00 pm <b>Open Gym</b> (East & West Court)	12:15–5:30 pm <b>Open Gym</b> (East & West Court)	5:30–6:30 pm <b>Open Gym</b> (East & West Court)	6:30–8:00pm <b>Open Gym</b> (East Court)  6:15–8:00 pm Americettes (West Court)	8:00–9:00 pm <b>Open Gym</b> (East & West Court)
<b>Wednesday</b>	5:00–9:00 am <b>Open Gym</b> (East & West Court)	9:30–11:30 <b>Pickleball</b> (East & West Court)	11:00 am–5:00 pm <b>Open Gym</b> (East & West Court)	5:00–6:00 pm <b>Open Gym</b> (East & West Court)	6:00–7:00 pm <b>Open Gym</b> (East & West Court)	7:00–8:00 pm <b>Open Gym</b> (East & West Court)	8:00–9:00 pm <b>Open Gym</b> (East & West Court)
<b>Thursday</b>	5:00–9:00 am <b>Open Gym</b> (East & West Court)	9:00–11:00 am <b>Wellness Walk</b> (East & West Court)	11:00 am–1:00 pm <b>Open Gym</b> (East & West Court)	1:00–3:00 pm <b>Open Gym</b> (East & West Court)	3:00–6:00 pm <b>Open Gym</b> (East & West Court)	6:00–7:00 pm <b>Open Gym</b> (East & West Court)	7:00–9:00 pm <b>Open Gym</b> (East & West Court)
<b>Friday</b>	5:00–9:00 am <b>Open Gym</b> (East & West Court)	9:30–11:30 <b>Pickleball</b> (East & West Court)	11:00 am–12:00 pm <b>Open Gym</b> (East & West Court)	12:00–4:00 pm <b>Open Gym</b> (East & West Court)	4:00–6:00 pm <b>Open Gym</b> (East & West Court)	6:00–8:00 pm <b>Open Gym</b> (East Court)	8:00–9:00 pm <b>Open Gym</b> (East & West Court)
<b>Saturday</b>	7:00–10:00 am <b>Open Gym</b> (East & West Court)	10:00 am–1:00 pm <b>Open Gym</b> (East & West Court)	1:00–5:00 pm <b>Open Gym</b> (East & West Court)				
<b>Sunday</b>	1:00–5:00 pm <b>Open Gym</b> (East Court)  <b>Men's League Games</b> (West Court)	<b>Men's Basketball League games will start January 12th</b>		<b>Gymnasium will be CLOSED during any swim meets</b>			

YMCA Building Hours: Mon–Fri: 5am–9pm

Sat: 7am–5pm

Sun. 1–5pm