



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASIUM Schedule

January 2018

Main Gymnasium Schedule begins Friday, January 1, 2018 and is subject to change.

Monday	9:00-11:00 am Open Gym (East & West Court)	11:00 am-12:15 pm Open Gym (East & West Court)	12:15-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Zumba (East Court) Open Gym (West Court)	6:00-7:00 pm Jr Cavs Practice (East Court) Open Gym (West Court)	7:00-8:00 pm Open Gym (East & West Court)	8:00-9:00 pm Open Gym (East & West Court)
Tuesday	5:30-9:00 am Open Gym (East & West Court)	9:00-11:00 am Wellness Walk (East & West Court) 9:30-11:30 am Pickleball (East & West Court)	11:00 am-12:15 pm Open Gym (East & West Court)	12:15-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Jr Cavs Practice (East Court) Americettes (West Court)	6:00-8:00 pm Open Gym (East Court) Americettes (West Court)	8:00-9:00 pm Open Gym (East & West Court)
Wednesday	5:30-9:00 am Open Gym (East & West Court)	9:00-11:00 am Open Gym (East & West Court) 9:30-11:30 Pickleball (East & West Court)	11:00 am-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Zumba (East Court) Open Gym (West Court)	6:00-7:00 pm Jr Cavs Practice (East Court) Open Gym (West Court)	7:00-8:00 pm Jr Cavs Practice (East Court) Open Gym (West Court)	8:00-9:00 pm Open Gym (East & West Court)
Thursday	5:30-9:00 am Open Gym (East & West Court)	9:00-11:00 am Wellness Walk (East & West Court)	11:00 am-12:15 pm Open Gym (East & West Court)	12:15-5:15 pm Open Gym (East & West Court)	5:15-6:30 pm Back to the Basics (East Court) 5:15-6:30 pm Open Gym (West Court)	6:00-7:00 pm Jr Cavs Practice (East Court) Open Gym (West Court)	7:00-9:00 pm Open Gym (East & West Court)
Friday	5:30-9:00 am Open Gym (East & West Court)	9:00-11:00 am Open Gym (East & West Court) 9:30-11:30 Pickleball (East & West Court)	11:00 am-12:15 pm Open Gym (East & West Court)	12:15-4:00 pm Open Gym (East & West Court)	4:00-6:15 pm Open Gym (East & West Court)	6:15-8:00 pm Open Gym (East Court)	8:00-9:00 pm Open Gym (East & West Court)
Saturday	7:00-10:00 am Open Gym (East & West Court)	10:00 am-1:00 pm Jr Cavs Games (East & West Court)	1:00-5:00 pm Open Gym (East & West Court)				
Sunday	1:00-5:00 pm Open Gym (East & West Court)	<div style="border: 2px solid black; border-radius: 15px; padding: 5px; display: inline-block;"> Jr. Cavs Basketball games beginning February 24, 2018 </div>		<div style="border: 2px solid black; border-radius: 15px; padding: 5px; display: inline-block;"> Jr. Cavs Basketball Practices begin January 29, 2018 </div>			

HALF GYMNASIUM CLOSED:
 January 25, 2018 @ 5:30 pm
 February 17, 2018 @ 9am

YMCA Building Hours: Mon-Fri: 5am-9pm Sat: 7am-5pm Sun. 1-5pm



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASIUM Schedule

February 2018

Main Gymnasium Schedule begins Thursday, February 1, 2018 and is subject to change.

Monday	9:00-11:00 am Open Gym (East & West Court)	11:00 am-12:15 pm Open Gym (East & West Court)	12:15-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Zumba (East Court) Open Gym (West Court)	6:00-7:00 pm Jr Cavs Practice (East Court) Open Gym (West Court)	7:00-8:00 pm Open Gym (East & West Court)	8:00-9:00 pm Open Gym (East & West Court)
Tuesday	5:30-9:00 am Open Gym (East & West Court)	9:00-11:00 am Wellness Walk (East & West Court) 9:30-11:30 am Pickleball (East & West Court)	11:00 am-12:15 pm Open Gym (East & West Court)	12:15-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Jr Cavs Practice (East Court) Americettes (West Court)	6:00-8:00 pm Open Gym (East Court) Americettes (West Court)	8:00-9:00 pm Open Gym (East & West Court)
Wednesday	5:30-9:00 am Open Gym (East & West Court)	9:00-11:00 am Open Gym (East & West Court) 9:30-11:30 Pickleball (East & West Court)	11:00 am-5:00 pm Open Gym (East & West Court)	5:00-6:00 pm Zumba (East Court) Open Gym (West Court)	6:00-7:00 pm Jr Cavs Practice (East Court) Open Gym (West Court)	7:00-8:00 pm Jr Cavs Practice (East Court) Open Gym (West Court)	8:00-9:00 pm Open Gym (East & West Court)
Thursday	5:30-9:00 am Open Gym (East & West Court)	9:00-11:00 am Wellness Walk (East & West Court)	11:00 am-12:15 pm Open Gym (East & West Court)	12:15-5:15 pm Open Gym (East & West Court)	5:15-6:30 pm Back to the Basics (East Court) 5:15-6:30 pm Open Gym (West Court)	6:00-7:00 pm Jr Cavs Practice (East Court) Open Gym (West Court)	7:00-9:00 pm Open Gym (East & West Court)
Friday	5:30-9:00 am Open Gym (East & West Court)	9:00-11:00 am Open Gym (East & West Court) 9:30-11:30 Pickleball (East & West Court)	11:00 am-12:15 pm Open Gym (East & West Court)	12:15-4:00 pm Open Gym (East & West Court)	4:00-6:15 pm Open Gym (East & West Court)	6:15-8:00 pm Open Gym (East Court)	8:00-9:00 pm Open Gym (East & West Court)
Saturday	7:00-10:00 am Open Gym (East & West Court)	10:00 am-1:00 pm Jr Cavs Games (East & West Court)	1:00-5:00 pm Open Gym (East & West Court)				
Sunday	1:00-5:00 pm Open Gym (East & West Court)	Jr. Cavs Basketball games beginning February 24, 2018					

**HALF GYMNASIUM CLOSED:
 February 17, 2018 @ 9am**

YMCA Building Hours: Mon-Fri: 5am-9pm Sat: 7am-5pm Sun. 1-5pm