



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASIUM Schedule

June 2017

Main Gymnasium Schedule begins Thursday, June 1, 2017 and is subject to change.

Monday	9:00-11:00 Open Gym (East & West Court)	11:00-12:15 Open Gym (East & West Court)	12:15-5:00 Open Gym (East & West Court)	5:30-6:15 Open Gym (East & West Court)	6:15-7:00 Open Gym (East & West Court)	7:00-9:00 Open Gym (East & West Court)	
Tuesday	5:30-9:00 Open Gym (East & West Court)	9:00-11:00 Wellness Walk (East & West Court) 9:30-11:30 Pickleball (East & West Court)	11:00-12:15 Open Gym (East & West Court)	12:15-5:00 Open Gym (East & West Court)	5:30-6:15 Body Blast (East Court) Americettes (West Court)	6:15-8:00 Open Gym (East Court) Americettes (West Court)	8:00-9:00 Open Gym (East & West Court)
Wednesday	5:30-9:00 Open Gym (East & West Court)	9:00-11:00 Open Gym (East & West Court) 9:30-11:30 Pickleball (East & West Court)	11:00-12:15 Open Gym (East & West Court)	12:15-5:00 Open Gym (East & West Court)	5:30-6:15 Open Gym (East & West Court)	6:15-7:00 Open Gym (East & West Court)	7:00-9:00 Open Gym (East & West Court)
Thursday	5:30-9:00 Open Gym (East & West Court)	9:00-11:00 Wellness Walk (East & West Court)	11:00-12:15 Open Gym (East & West Court)	12:15-5:00 Open Gym (East & West Court)	5:30-6:15 Body Blast (East Court) 5:00-6:15 Batting Cage (West Court)	6:15-7:00 Open Gym (East Court) 6:15-7:00 Batting Cage (West Court)	7:00-9:00 Open Gym (East Court) 7:00-9:00 Batting Cage (West Court)
Friday	5:30-9:00 Open Gym (East & West Court)	9:00-11:00 Open Gym (East & West Court) 9:30-11:30 Pickleball (East & West Court)	11:00-12:15 Open Gym (East & West Court)	12:15-5:00 Open Gym (East & West Court)	5:00-6:15 Open Gym (East & West Court)	6:15-7:00 Open Gym (East & West Court)	7:00-9:00 Open Gym (East & West Court)
Saturday	7:00-9:00 Open Gym (East & West Court)	9:00-12:00 Open Gym (East & West Court)	12:00-1:00 Open Gym (East & West Court)	1:00-5:00 Open Gym (East & West Court)			
Sunday	1:00-5:00 Open Gym (East & West Court)						

**Check out our Group
 Exercise & Pool
 Schedules!**

YMCA Building Hours: Mon-Fri: 5am-9pm

Sat: 7am-5pm

Sun. 1-5pm